## Help with HALLUCINATIONS

## ⇒ Hallucination:

- Misunderstanding the surroundings,
- Causing a person to hear, see, or smell things that are not here
- A hallucination is not based on reality.

## ⇒ Delusion:

- A false belief that is not based on the person's surroundings.
- The belief usually is not consistent with what the person knows as fact and has experienced.
- → Make sure there is adequate lighting.
- → Do not argue.
- → Some medications can cause hallucinations.
- → Have a hearing and vision test performed.
- → Get a medical evaluation.
- → A psychiatric evaluation may be needed.