

**IADC 11th Annual Martin Family
Alzheimer's Disease Caregiver Symposium**

Transitions in Care

Goodman Hall Auditorium

Friday, September 22, 2017

AGENDA

8:00 am Registration and Continental Breakfast —
Visit exhibits

Welcome and Introductions

8:30 am Mary Guerriero Austrom, PhD
Kate Kunk—CICOA
Lee Vriesman—Development Office IUSM
Andrew J. Saykin, PsyD—Director, IADC

Poetry and Personal Reflection

9:00 am Janis Gerkensmeyer, RN, PHD,
Person living with AD

Keynote:

9:30 am *The Alzheimer Disease Caregiver:
A Labor of Love*
Andrea Denny, JD, MSSW;
Washington University, St. Louis, MO

10:30 am Break—Visit exhibits

Keynote (Note: Psychiatry Grand Rounds)

11:00 am *The Alzheimer's Disease Continuum:
Transitions in Care*
Brandy R. Matthews, MD, FAAN;
Eli Lilly and Company

12:00 pm LUNCH (provided) — Visit exhibits

Continuum of Care: Where do we go now

1:00 pm Denise Saxman, MSW;
Alzheimer's Association

One Caregiver's Story

2:00 pm Bridget Fultz, MA, Family Caregiver

Closing remarks and program evaluation

3:00 pm Mary Guerriero Austrom, PhD

REGISTRATION:

Thanks to the generous support of our sponsors, the symposium is offered free of charge, however, registration is required. **Please register online at iadc.medicine.iu.edu.** If unable to register online, you may call 317-963-7297 or email dwert@iupui.edu to register or learn more about this program.



Indiana Alzheimer Disease Center staff wants everyone to feel welcome at this event. If you have a disability and need an accommodation to participate in this program, we will try to provide it. Please contact us with your needs 72 hours prior to the event by calling (317) 963-7297.

LOCATION:

Goodman Hall Auditorium is in the IU Health Neuroscience Center located at 355 W. 16th Street, Indianapolis, IN 46202. Parking is available in Goodman Hall Garage, located at the corner of Missouri and 15th Street (use 362 West 15th Street for GPS purposes). Parking is \$5 per day. Bring parking ticket inside as automated payment machines are located in the building.

OTHER:

Lodging information may be obtained by contacting the Indianapolis Convention and Visitors Association at (800) 556-INDY(4639) or www.indy.org.

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**11th Annual Martin Family
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Caregiver Symposium**

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**Friday, September 22, 2017
8:00 am to 3:00 pm**

**IU Health Neuroscience Center
Goodman Hall Auditorium
355 W. 16th Street
Indianapolis, IN 46202**

What to Expect:

The Indiana University School of Medicine (IUSM), Indiana Alzheimer Disease Center (IADC) designed *Transitions in Care* program to help caregivers to prepare themselves and the person with dementia for changes over the course of the illness. In addition, the program includes our annual update on research and how you can get involved.

The Symposium is designed for those who care for people with dementia and related neurodegenerative disorders and is beneficial to both family caregivers and professional care providers as topics include:

1. emotional issues faced by patients and caregivers as the disease progresses and how to cope with challenges, especially during late life care;
2. medical transitions and treatment plans over time;
3. general overview of care and placement options available to families in the community; and
4. personal experiences of having dementia and caring for a parent with dementia.

OBJECTIVES:

At the conclusion of this program, participants will:

- ◆ Understand the current state of research in AD and related dementias.
- ◆ Appreciate challenges faced by caregivers over the course of the illness.
- ◆ Learn how to prepare themselves and the person with dementia for transitions in care.

COURSE DIRECTOR:

Mary Guerriero Austrom, PhD
Associate Dean of Diversity Affairs
Wesley P. Martin Professor of AD Education
Professor of Clinical Psychology in Clinical Psychiatry
Department of Psychiatry
Leader, Outreach and Recruitment Core
Indiana Alzheimer Disease Center
IUSM

PLANNING COMMITTEE:

Mary Guerriero Austrom, PhD
Daniel Bateman, MD
Nicole Fowler, PhD
Yvonne Lu, RN, PhD
Andrew J. Saykin, PsyD
Sophia Wang, MD
Donna Wert

Faculty and Speakers:



Andrew J. Saykin, PsyD, is the Raymond C. Beeler Professor of Radiology and Imaging Sciences and Director of both the IADC, and the Indiana University Center for Neuroimaging. Dr. Saykin's research focuses on using advanced brain imaging and genetics to understand disorders affecting memory and cognition. Advances in brain imaging have become increasingly important for the early detection of these disorders.



Janis Gerkenmeyer, RN, PhD, has worked tirelessly as an advocate for children and family mental health through her work as a psychiatric nurse and professor at Riley Hospital for Children, Indiana University Nursing School, and the University of Minnesota. Her widely published research has helped set a firm groundwork for establishing positive and effective interventions for the caregivers of children with mental health problems and has also highlighted the vital importance of pain management for young patients. In 1999. She and her husband David purchased a cabin in the remote Boundary Waters Canoe Area Wilderness of Northern Minnesota, finally pursuing a lifelong dream. After several exciting and adventurous years, they recently returned to Indiana to be near family and friends. Since her diagnosis of mild cognitive impairment a few years ago and now Alzheimer's disease in 2017, Dr. Gerkenmeyer has found great comfort in expressing her emotions through her poetry.



Andrea Denny, JD, MSSW, leads the Outreach, Recruitment and Education Core and the Rural Outreach Core at the Charles F. and Joanne Knight Alzheimer's Disease Research Center (Knight ADRC) at Washington University, St. Louis, MO. She has served as an active volunteer at the Saint Louis Chapter of the Alzheimer's Association since 2009 when she joined as a Helpline Volunteer. She also volunteers as co-facilitator of a caregiver support group since 2012. With a diverse educational background in psychology, social work, and law, her clinical background and volunteer work, she provides guidance for designing programs and outreach to assist with meaningful translation of scientific work at the Knight ADRC into programs for lay audiences and clinicians who don't work in academic settings. Both social work and law involve consensus building, planning and problem solving, which aid in her ability to work with others at the Knight ADRC, community agencies, and other professional groups to plan and implement recruitment strategies, outreach events and educational programs.



Brandy R. Matthews, MD, FAAN, Neurology, Senior Medical Advisor Global Medical Affairs, Alzheimer's Disease Team, Eli Lilly and Company; Volunteer Associate Professor of Clinical Behavioral Neurology, Department of Neurology and volunteer clinician with the IADC. Dr. Matthews earned her MD at IUSM, followed by Neurology Residency, Chief Resident and awarded the Henry Woltman Outstanding Clinical Neurologist honors at the Mayo Clinic College of Medicine. She completed a National Institute on Aging funded two-year Dementia Fellowship at the University of California San Francisco before joining their faculty. She returned to IU in 2008 and became the Neurology Residency Program Director. As an avid educator, she has served both the American Academy of Neurology and American Board of Psychiatry and Neurology at the national level and has taught medical students, residents, fellows, peers, patients, and caregivers through programs across the country.



Denise Raley Saxman, MSW, LCSW, Program Director, Alzheimer's Association, Greater Indiana Chapter (AAGI), earned her MSW from IU in 1994 and has worked in the healthcare field ever since. For the past 9 years, she has been Program Director responsible for managing all client and professional services for the 73 counties served by AAGI. These services include the statewide Care Consultation, Early Stage Programs, Support Groups, Family Education, Conferences, Clinical Engagement and the 24/7 Helpline. She has participated in numerous Chapter initiatives nationally and was on the workgroup that developed the National program on Communications and Behaviors for family and professional caregivers. Previously, she worked as a home hospice social worker in Maryland.



Bridget Fultz, MA, is the Associate Director of Operations at the IU Center for Aging Research at the Regenstrief Institute. During her 18 years of service, she coordinated the PREVENT study, investigating a collaborative care model for dementia, and has overseen many studies designed to improve the lives of persons with dementia and their caregivers. In addition to her administrative work in research, she has also coauthored several articles and contributed to a book chapter about collaborative care. She currently serves on the Family Caregiver Stakeholder Working Group for the US Department of Health and Human Services. Ms. Fultz was a caregiver for her mother, who lost her battle with AD.